



# MONSTER DASH

## 5K AND KIDS RUN

EARLY  
REGISTRATION  
**\$30**  
SHIRT  
GUARANTEED



SATURDAY

**OCT, 28 2023**

KIDS RUN 8.45 AM

5K RUN 9.00 AM

## MACLEAN PARK

91 LAKE RD., LAKE JACKSON, TX 77566

AGE GROUP  
AWARDS

CERTIFIED  
COURSE

MEDALS FOR  
FINISHERS

[SECURE.REC1.COM/TX/LAKE-JACKSON-TX/CATALOG](https://secure.rec1.com/tx/lake-jackson-tx/catalog)



# Monster Dash 5K & Kids 1K

Join us for the annual Monster Dash 5K and Kids Run 1K! The Kids Run 1K is Free to enter and all participants will be awarded medals at the finish line. The Monster Dash 5K will follow with runners dashing through MacLean Park and along the Dow Centennial Trail. Runners who show up in their favorite costume will automatically be entered in the costume contest.

## DATE AND LOCATION

### **Saturday, October 28, at MacLean Park**

8:00am – 8:45am	Registration at MacLean Small Pavilion
8:45 am	Kids 1K start at MacLean Park Entrance
9:00am	5K Run Start at MacLean Park Entrance
Approx. 10:00am	Post Race Refreshments/Awards/Door Prizes

## REGISTRATION:

Monster Dash 5K Early Registration:	July 5 – October 12	\$30
Monster Dash 5K Late Registration:	October 13 to Race Day	\$35
Kids 1K Registration:	July 5 to Race Day	Free

- Register in person at the Lake Jackson Recreation Center
- Register online at [www.lakejackson.tx/parks](http://www.lakejackson.tx/parks)
- Register on Race Day at MacLean Park starting at 8:00 am

Monster Dash T-shirts will be guaranteed to those who register by October 12, 2023.

## MONSTER DASH 5K PACKET PICK-UP

- October 26-27 at the Lake Jackson Recreation Center, 5:45am – 9:00pm
- Race Day at MacLean Park 8:00am – 8:45am

## AWARDS

### **Monster Dash 5K Awards will be presented to:**

- 1st place Overall Male & Female
- 1st place Overall Male & Female Masters
- Top 3 in each 5K division - 1-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44  
45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Kids 1K Participants will be awarded medals at the finish line.

## COSTUME CONTEST

Runners are encouraged to dress up; awards will be given for the best costumes! Winners will be announced after each race.



# Monster Dash 5K & Kids 1K

**Please check one:**

Monster Dash 5K Early Registration:	July 5 – October 12	\$30	_____
Monster Dash 5K Late Registration:	October 13 to Race Day	\$35	_____
Kids 1K Registration:	July 5 to Race Day	Free	_____

**Please circle your age group:**

Men’s 5K      1-14   15-19   20-24   25-29   30-34   35-39   40-44   45-49   50-54   55-59   60-64   65-69   70-74   75-79   80+

Women’s 5K      1-14   15-19   20-24   25-29   30-34   35-39   40-44   45-49   50-54   55-59   60-64   65-69   70-74   75-79   80+

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**Please complete the form in its entirety. Incomplete registration forms will exclude participants from competing.**

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age as of 10/28/23 \_\_\_\_\_ Male / Female

Parent/Guardian Name (if minor) \_\_\_\_\_ DOB \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_

Email address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**Monster Dash 5K Participants Only: Please circle your shirt size (preferred sizes not guaranteed if register after October 6)**

Adult Shirt Size    S    M    L    XL    XXL    Youth Shirt Size (for 5k entries only)    S    M    L    XL

**PHOTOGRAPHY**

I understand that City of Lake Jackson employees often take photographs of various community and/or athletic events throughout the community. I hereby grant the City of Lake Jackson permission to use my likeness or, if I am the parent or legal guardian of a minor child who is younger than 18 years of age, I give permission to use the minor’s likeness in a photograph or other digital reproduction in any and all of its publications, including website entries, without payment or any other consideration. I further give permission to the City of Lake Jackson to share this image with third parties for use in any and all of its publications, including website entries, without payment or other consideration.

**REFUND/CANCELLATION POLICY**

Once event registration has been completed, it is considered final. No refunds will be given for this event. The Lake Jackson Recreation Center reserves the right to cancel events due to insufficient registration, inclement weather, or other circumstances which would make the event non-viable. In this case, participants will be notified by email or phone of the cancellation and a full refund will be given.

**CONSENT TO PARTICIPATE AND HOLD HARMLESS**

I understand and agree to indemnify, save and hold harmless the City of Lake Jackson, its agents and employees, from and against all claims, damages, losses and expenses (including attorney’s fees, medical, and ambulance cost) that may arise out of my child’s use of or presence on city property or arising out his or her participation in any activities or functions that may occur during the program, including contact with persons, animals or creations of nature of any and every kind that exist on property that may or may not be under the control of the City of Lake Jackson. In case of an emergency and I cannot be contacted, then I hereby authorize medical treatment. By signing below, you are affirming you have read, understand and agree to comply with the terms and conditions of this agreement.

Participant’s Signature or Parent or Guardian if under 18

Date