



Lake Jackson Recreation Center PHASE 1 – REOPENING PLAN



**REVISIONS AS OF
12/1/20**

LAKE JACKSON PARKS AND RECREATION
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The Recreation Center opened to limited/prescheduled use (Phase 1) on June 1, 2020 and at this time we are not sure when we will open to full capacity.

This booklet was put together to provide members with the new policies and procedures that are now in place. Although, we all wish the threat of the COVID-19 Pandemic would go away and that we could simply go back to normal, the reality is that we may be dealing with this “new normal” for the foreseeable future.

As we move forward with these revised operating procedures for the Recreation Center, we will be following not only the state regulations, but also the guidelines provided by the CDC and recommendations from the National Parks & Recreation Association. We are taking every precaution and appreciate your patience as we move forward with your safety and the safety of our employees as priority number one.

For our members who do not wish to utilize the facility during Phase 1, we will be happy to place your membership on hold or issue a refund.

The health and well-being of our community remains our top priority and we will continue to provide updates as they become available. For the latest information on Parks & Recreation closures visit www.lakejackson-tx.gov/parks. Thank for your patience and understanding during this time.

The Recreation Center will look and feel different; however, we are so looking forward to serving you all again and are excited to be able to reopen even in this limited capacity.

PHASE I REOPENING PLAN

During Phase 1, the use of the Recreation Center will be limited and some areas of the facility where space is limited and fill up quickly will still require a reservation. Anyone arriving earlier than 10 minutes prior to their scheduled reservation time for these areas will not be allowed access to the facility.

The need for continued social distancing for the foreseeable future will be paramount in our operation procedures & policies. Therefore activities/programs where social distancing is not feasible will not be offered.

Programs/Activities that will NOT be offered include:

- Open Basketball play
- Wrestling
- KidZone
- Recreational Swimming

Social distancing guidelines will be enforced in all areas of the facility, at all times. Mask are required in all areas of the facility unless you are swimming, exercising or showering. We ask patrons to also social distance and keep at a safe 6 foot when you cannot wear your mask (exercising, swimming, etc.).

Staff will be wearing masks and will be stationed throughout the facility regularly sanitizing high touch areas and enforcing social distancing. Again, our top priority is the safety and health of our patrons and staff. Please do your best to make a conscious effort to use this time to improve your personal mental and physical well-being without compromising that of someone else.

Patrons should wash or disinfect hands upon entering a facility and after any interaction with employees, other customers, or equipment they use.

Please note that failure to adhere to any of the protocols that have been laid out in Phase 1 of our reopening plan will result in the expulsion and suspension of membership. These cases will be reviewed by the Assistant Director or Director to determine the appropriate time for this member to return.

HOURS OF OPERATION

Monday-Friday

5:45AM-8:00PM – Facility

6:30AM-7:30 PM – Natatorium

Saturday

8AM-2PM – Facility

8AM-1:30PM – Natatorium

Sunday

CLOSED

MEMBERSHIPS/DAY USE PATRONS

- Beginning December 7, 2020, the Lake Jackson Recreation Center will begin allowing Day-Use patrons to utilize the facility with these exceptions:
 - Reservations for the Lap Lanes, Sauna or Water Aerobics may only be made by non-members 30-minutes before the scheduled time if there is an opening that day.
- *MEMBERS NOT READY TO RETURN:* Members who do not wish to utilize the facility during Phase 1, may call the Recreation Center or email our Rec Desk at RCStaff@LakeJacksonTX.gov and we will be happy to place your membership on hold or issue a refund.
- Since there is still limited availability, we will be monitoring areas of the building where reservations are no longer required to ensure we do not exceed these numbers. These areas are limited to:
 - Fitness on Demand studio (Limit 2)
 - Weight Room (Limit 25)
 - Leisure Pool - Self-Directed Fitness (Limit 15)
 - Gymnasium Left/Fitness Classes (Limit 35 per class)
 - Gymnasium Right for Pickleball (Limit 12)
 - Racquetball Courts (Limit 1)
 - Ping Pong (Limit 4)

RESERVATION PROCEDURES

Beginning December 7, 2020, some areas of the facility where space is limited and fill up quickly will still require a reservation. Areas of the facility that still require a reservation:

- Sauna
- Lap Lanes
- Water Aerobics Classes

Anyone arriving earlier than 10 minutes prior to their scheduled reservation time for these areas will not be allowed access to the facility.

Cancellations should be made as far in advance as possible to ensure someone else may attend in your absences. Reservations will only be held for **10 minutes** after the reservation time before being cancelled. **Patrons who fail to show up three (3) times without cancelling will lose their privilege to make reservations.**

- **AGE RULES:** Due to the limited usage within the facility during Phase 1 the age rules for the facility have changed to the following:
 - Children ages 11 and under will not be permitted in the facility unless attending Swim Lessons or a Special Interest Class.
 - Children ages 12 – 15 years of age may attend a Group X or Water Aerobics class with a parent/guardian 18 years and older, but if the class requires a reservation, one must be made for both.
 - Children ages 12-15 years of age may make a reservation for lane in the Lap pool for lap swim only. If a parent accompanies the child, they must also reserve a lane to swim and will not be allowed to sit on the deck and wait for the child.
- Members are to stay home if they feel sick or show signs of COVID-19 infection.

ENTRANCE/EXIT PROCEDURES

Traffic patterns have been altered at the Recreation Center to ensure the CDC's social distancing guidelines of 6 feet are met.

ENTERING

- We will no longer allow anyone to enter through the Natatorium for classes. Anyone utilizing the Recreation Center must enter through the front entrance and check-in with our Front Desk staff (this includes swim lesson participants). Recently we have found several members who have been bypassing the front desk and entering through the Natatorium without reservations and expired memberships.
- Patrons may not arrive earlier than 10 minutes prior to an area/class that requires a reservation. Anyone arriving earlier will not be allowed entrance to the facility.
- Kiosk Check-In: Anyone who has a reservation for the Sauna, Lap Pool, Water Aerobics Classes, Special Interest Classes and Swim Lessons must check in at the Kiosk. All others must check-in at the front desk.
- Non-Members who would like to pay to enter or members who would like to renew their memberships or make reservations must do so at the Front Desk and not the Kiosk during busy check-in times.
- Please remember to social distance and keep at a safe 6 foot when entering the facility or waiting to check-in.
- Members with special needs or mobility issues should contact our front desk to discuss what we can do to assist you.

EXITING

- Exiting the Recreation Center will not take place through the front lobby where entrance checks are being administered. All patrons are asked to exit through employee entrance/exit down the KidZone Hallway.
- Members must leave directly after their reservation time is done to allow staff to sanitize the area and new participants to get checked and settled in.

SPECIAL INTEREST CLASSES

Beginning in January 2021 a few of our Special Interest classes will be returning to Studio 5 and the Fitness on Demand Studio. Each class will have specific safety guidelines for participants and their parents that will be listed on Registration Forms and posted in the facility and will be strictly enforced.

RACQUETBALL COURTS

- Racquetball Courts 2, 3, and 4 will be open for members and non-members to use.
- Courts may only be used by one (1) person per block.
- Recreation Center members may reserve one (1) court one (1) week in advance in one-hour time slots only by calling or coming to the Recreation Center.
- Non-members may reserve one (1) court in one-hour time slots 30 minutes before their scheduled time if available.
- Reservations will be cancelled if the person who made the reservation has not arrived within 10 minutes after the reservation time. Parks and Recreation programs take precedence over all other activities and availability of courts are subject to change. Individuals may bring their own racquets and balls, or members may use a loaner ball and rent a racquet from the front desk.

PING PONG

- Limited to no more than four (4) players per block.
- Ping Pong is open for members and non-members and will be set up in the back of the racquetball hallway.
- Mask will be required when more than two (2) people are playing at a time as they cannot maintain a safe 6-foot distance as per CDC guidelines. When there are four (4) players alternating play the alternates should remain at a safe six (6) foot distance or wear their mask.
- Recreation Center members may reserve one (1) court one (1) week in advance in one-hour time slots only by calling or coming to the Recreation Center.
- Non-members may reserve one (1) court in one-hour time slots 30 minutes before their scheduled time if available.
- Reservations will be cancelled if the person who made the reservation has not arrived within 10 minutes after the reservation time. Parks and Recreation programs take precedence over all other activities and availability of courts are subject to change. Individuals may bring their own racquets and balls, or members may use a loaner ball and rent a racquet from the front desk.

FITNESS ON DEMAND

- Fitness on Demand studio can be used throughout the day for no more than two (2) people at a time.
- Additional Gym Wipes have been added to both rooms and members should wipe down equipment before and after use.
- Staff will sanitize high touch point areas and equipment after the groups leave.

WEIGHT ROOM USAGE

- Limited to no more than 25 patrons at a time
- Please only bring essential items with them (keys, water bottle, headphones, sweat towel, etc.).
- To decrease the chance of spread members are required to keep sweat towels on their person and may not be laid on equipment.
- **Personal trainers:**
 - Personal Trainers and their clients must both make reservations to utilize the Weight Room.
 - Personal trainers will be required to wear masks when working with individuals and practice physical distancing by remaining 6 feet from their client.
 - Personal Trainers will be required to wipe down all equipment that is touched by the trainer or their clients after usage.
 - Personal Trainers will be required to wash/sanitize hands after each session and encourage clients to do the same.
- Spotters or buddy/team workouts will not be allowed.
- Additional Gym Wipes and hand sanitizers have been added to both rooms and members are required to wipe down equipment before and after use. Wiping down equipment after usage will be enforced.
- A Weight Room attendant will be present to clean/sanitize equipment and high touch areas throughout the day.

GYMNASIUM RIGHT PICKLEBALL

- Limited to no more than 12 players per block.
- Time Blocks:
 - Monday: 11 am – 1:30 pm, 1:45 – 3:45 pm, 4 -6 pm
 - Tuesday: 11 am – 1:30 om, 1:45 – 3:45 pm, 4-6 pm
 - Wednesday - Friday: 8:30am – 12 pm, 1:45 – 3:45 pm, 4-6 pm
 - Saturday: 8:30 – 10:30 am, 11 am – 1 pm
- Pickleball times have had to be altered so there is no play during Yoga classes.
 - To properly do Yoga you must be allowed to quiet the mind. This allows the physical exercises to prepare the body and mind to expand beyond their limits so that you can experience greater states of awareness as well as deeper feeling of calm and well-being.
- **Fitness Class Music:** Most Fitness Classes will have music playing during the class. We are taking steps to lower the volume of the music but because the gym is large and sounds echo. If the volume level is still an issue, we ask you to choose a time when there are no fitness classes in the gym. Interrupting classes or harassing our instructors will not be tolerated.
- Pickleball play will be limited to two (2) nets and four (4) players per net. Alternating members may sit on the bleachers but should wear a mask and keep a safe 6 foot from others.
- Members should never share equipment without first sanitizing with gym wipes.
- Gym wipes and hand sanitizers have been placed in gym for members to clean hands and equipment
- Staff will sanitize equipment and high touch point areas after groups leave.

GYMNASIUM LEFT GROUP X CLASSES

Please be aware that fitness classes are limited depending on which instructors were able to return to teach. Updated land and water class schedules will be available on a monthly basis or as changes are made.

- Group X Classes are limited to no more than 35 participants per class.
- Stars have been placed on the gym floor to 10 foot spacing between participants.
- Gym wipes and Hand sanitizers have been placed throughout the facility for members to clean equipment and hands.
- Members must never share equipment (dumbbells, yoga mats, etc.).
- Members should place all used equipment by the sign that says “Used Equipment” to be sanitized. DO NOT place used equipment back on racks.
- A Recreation Center employee will be present to clean/sanitize equipment and high touch point areas after each group leaves.

NATATORIUM LEISURE POOL

- Leisure Pool is limited to no more than 15 people at a time and a reservation is no longer required to utilize pool for self-directed water fitness during open hours.
- Leisure pool is not open for self-directed water fitness during water aerobics classes (Monday – Friday 8 am – 10:30 am, 12:30 – 1:30 pm, and 5:30 – 6:30 pm).
- Pole markers have been placed on the deck to annotate what six feet is.

- Members using the Leisure pool should place their personal belongings in the designated areas. These areas may get congested before and after class so please be patient and practice social distancing while storing or removing your personal items.
 - Members must never share equipment (kickboards, belts, etc.).
 - Members should place all used equipment by the sign that says “Used Equipment” to be sanitized. DO NOT place used equipment back on racks.
 - A Natatorium Attendant will be present to will clean/sanitize equipment and high touch point areas throughout the day.
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NATATORIUM LAP POOL

- The Lap Pool is limited to 8 members (one per lane) at a time.
 - The Lap Pool must be reserved for 60-minute blocks of time for lap swim.
 - Members may make reservations for the Lap Pool no more than 24 hours in advance.
 - Non-members may make reservations no more than 30 minutes before the start of the session if there are openings.
 - Lap Lane swimmer’s personal equipment brought for swimming should be kept at the end of their lane.
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WATER AEROBICS CLASSES

- Reservations are required to participate in Water Aerobics Classes.
 - Members may make reservations for Water Aerobics classes no more than 24 hours in advance.
 - Non-members may make reservations no more than 30 minutes before the start of class if there are openings.
 - Classes are limited to 15 people per class and anyone not on the roster will be allowed to participate.
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SAUNA USAGE

- The sauna may be reserved for 20-minute blocks with no more than one (1) person per time block. Sauna times are limited to the following times to ensure staff has time to sanitize properly:
 - Monday – Friday: 6:30 – 6:50 am, 7:30-7:50 am, 8:30-8:50 am, 9:30-9:50 am, 10:30-10:50 am; 11:30-11:50 am, 12:30-12:50 pm, 1:30-1:50 pm, 2:30-2:50 pm, 3:30-3:50 pm, 4:30-4:50 pm, 5:30-5:50 pm, 6:30-6:50 pm
 - Saturday: 6:30 – 6:50 am, 7:30-7:50 am, 8:30-8:50 am, 9:30-9:50 am, 10:30-10:50 am; 11:30-11:50 am, 12:30-12:50 pm
 - Members may make reservations for the sauna no more than 24 hours in advance.
 - Non-members may make reservations no more than 30 minutes before the start of the session if there are openings.
 - Regardless if members reside in the same household only one (1) person may utilized the sauna at a time.
 - Members will be required to check-in at the front desk and will be given a wristband by Recreation Center staff with the date and time of their reservation they are required to wear to enter the sauna.
 - Access to the sauna will be denied if the patron is not wearing a wristband or the date and times are incorrect.
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LOCKER ROOMS & LOCKER RENTALS

- The Locker Room showers (limited number), changing areas and lockers are open to the public.
- Some areas of the Lockers Rooms will be closed to ensure we are complying with CDC social distancing standards.
- All patrons should remember to practice social distancing while utilizing the changing areas or their lockers.
- Locker Rooms will be cleaned hourly. Deep cleaning of the Locker Rooms will be done from 1-1:30 pm daily or as needed. If you see the “Closed” sign on the door, please be patient and do not enter so our custodians can sanitize the area.

LOCKER RENTALS

LOCKER RENTALS: Members who have lockers rented and have chosen to place their memberships on hold may also put their locker rentals on hold and continue to store their items in their lockers or retrieve their items. Please contact the Front Desk if you would like to place your rental on hold or cancel your locker rental.