



# Lake Jackson Recreation Center PHASE 1 – REOPENING PLAN

June 1 – December 31, 2020



**REVISIONS AS OF  
10/15/20**

LAKE JACKSON PARKS AND RECREATION  
91 Lake Road, Lake Jackson, Texas 77566  
979-297-4533

[www.lakejackson-tx.gov/parks](http://www.lakejackson-tx.gov/parks)  
[rcstaff@lakejacksontx.gov](mailto:rcstaff@lakejacksontx.gov)



The Recreation Center opened to limited/prescheduled use (Phase 1) on June 1, 2020 and on August 17, 2020 City Council approved extending Phase 1 until December 31, 2020. If the community spread and threat of COVID-19 somehow disappears before then, we will reevaluated our plan and make adjustments as needed.

This booklet was put together to provide members with the new policies and procedures that are now in place. Although, we all wish the threat of the COVID-19 Pandemic would go away and that we could simply go back to normal, the reality is that we may be dealing with this “new normal” for the foreseeable future.

As we move forward with these revised operating procedures for the Recreation Center, we will be following not only the state regulations, but also the guidelines provided by the CDC and recommendations from the National Parks & Recreation Association. We are taking every precaution and appreciate your patience as we move forward with your safety and the safety of our employees as priority number one.

For our members who do not wish to utilize the facility during Phase 1, we will be happy to place your membership on hold or issue a refund.

The health and well-being of our community remains our top priority and we will continue to provide updates as they become available. For the latest information on Parks & Recreation closures visit [www.lakejackson-tx.gov/parks](http://www.lakejackson-tx.gov/parks). Thank for your patience and understanding during this time.

The Recreation Center will look and feel different; however, we are so looking forward to serving you all again and are excited to be able to reopen even in this limited capacity.

---

# PHASE I REOPENING PLAN

During Phase 1, the use of the Recreation Center will be limited to members only or swim lesson participants, no day-passes will be sold. The reservation time blocks for each area of the building will be staggered from each other to help us avoid long lines or the gathering of people at the front desk. Members should not arrive earlier than 10 minutes prior to their scheduled class or time block to limit the length of lines.

The need for continued social distancing for the foreseeable future will be paramount in our operation procedures & policies. Therefore activities/programs where social distancing is not feasible will not be offered.

Programs/Activities that will NOT be offered include:

- Open Basketball play
- Ball Room Dancing
- Tae Kwon Do
- Wrestling
- Swim Team
- Recreational Swimming
- Racquetball/Wallyball & Ping Pong

In addition, the KidZone will not open during Phase 1. A limited number of showers will be open to the public. To ensure Locker Rooms and showers remain clean and sanitized staff will be cleaning them every hour.

Social distancing guidelines will be enforced in all areas of the facility, at all times. Staff will be wearing masks and will be stationed throughout the facility regularly sanitizing high touch areas and enforcing social distancing. Again, our top priority is the safety and health of our patrons and staff. Please do your best to make a conscious effort to use this time to improve your personal mental and physical well-being without compromising that of someone else.

Patrons should wash or disinfect hands upon entering a facility and after any interaction with employees, other customers, or equipment they use.

Please note that failure to adhere to any of the protocols that have been laid out in Phase 1 of our reopening plan will result in the expulsion and suspension of membership. These cases will be reviewed by the Assistant Director or Director to determine the appropriate time for this member to return.

## HOURS OF OPERATION

### **Monday-Friday**

5:45AM-8:00PM – Facility

6:30AM-7:30 PM – Natatorium

### **Saturday**

8AM-2PM – Facility

8AM-1:30PM – Natatorium

### **Sunday**

CLOSED

---

## MEMBERSHIPS

- During Phase 1 admittance to the Lake Jackson Recreation Center will be kept to members only. We will not sell any daily entrance passes.
- **MEMBERS NOT READY TO RETURN:** Members who do not wish to utilize the facility during Phase 1, may call the Recreation Center or email our Rec Desk at [RCStaff@LakeJacksonTX.gov](mailto:RCStaff@LakeJacksonTX.gov) and we will be happy to place your membership on hold or issue a refund.
- Schedules for the following areas available for reservation can be found online or at the Recreation Center.
  - Fitness on Demand studio (limit 2 per block)
  - Weight Room (Limit 25 per block)
  - Leisure Pool - Self-Directed Fitness (Limit 15 per block), Water Aerobics (Limit 15 per block), & Swim Lessons (Limits vary per class)
  - Lap pool for Lap Swim (Limit 8 per block), Deep Water Aerobics (Limit 12 per block), and Swim Lessons (Limits vary per class)
  - Gymnasium Left for Fitness Classes (Limit 35 per block)
  - Gymnasium Right for Pickleball (Limit 12 per block)
  - Sauna (Limit 1 per 20 minute block)

---

## RESERVATION PROCEDURES

We have put together a schedule of time blocks for each area of the building which will be staggered from each other to help us avoid long lines or the gathering of people at the front desk.

- Members should not arrive earlier than 10 minutes prior to their scheduled class or time block to limit the length of lines. Members will not be allowed to enter until the room is ready and has been sanitized.
  - **Fitness on Demand:** Members may reserve hourly blocks anytime between 6 am – 7 pm Monday-Friday and 8 am – 1 pm Saturday up to one week in advance.
  - **Weight Room:** Members may reserve 1- or 2-hour blocks per day up to one week in advance.
  - **Group Fitness Classes (except Water Aerobics):** Members may sign up for classes up to one week in advance.
  - **Pickleball:** Members may reserve time blocks up to one week in advance.
  - **Water Aerobics, Lap Lanes & Leisure Pool:** Due to the limited space members must still make reservations 24 hours in advance.
  - **Sauna:** Due to limited space members must still make reservations 24 hours in advance.
- All reopened areas will allow members into Recreation Center for blocked time periods depending on the activity by reservation only.
- Cancellations should be made as far in advance as possible especially for classes that fill up quickly. Reservations will only be held for 15 minutes after the reservation time before being cancelled. Members who frequently do not show up for their reservation may lose their privilege to sign up for some classes.

- **AGE RULES:** Due to the limited availability within the facility during Phase 1 the age rules for the facility have changed to the following:
    - Children ages 11 and under will not be permitted in the facility
    - Children ages 12 – 15 years of age may attend a Group X or Water Aerobics class with a parent/guardian 18 years and older, but a class reservation must be made for both.
    - Children ages 12-15 years of age may make a reservation for lane in the Lap pool for lap swim only. If a parent accompanies the child, they must also reserve a lane to swim and will not be allowed to sit on the deck and wait for the child.
  - Should a Mandatory Mask Order be in place, members will be required to adhere to the order policies.
  - Members are to stay home if they feel sick or show signs of COVID-19 infection.
- 

## ENTRANCE/EXIT PROCEDURES

Traffic patterns have been altered significantly at the Recreation Center to ensure the CDC's social distancing guidelines of 6 feet are met.

### ENTERING

- Members may arrive 10 minutes prior to their scheduled time, no earlier and approach the Kiosk desk only after the person in front of them has walked away. At the Kiosk a staff member will check the members reservation and have the member scan in with their membership card.
- Once the member has scanned in, they will be directed to their specific location. Movement throughout the building will be limited.
- Members who need to talk with one of our Rec Leaders about their membership or reservation should go the front desk counter.

### EXITING

- Exiting the Recreation Center will not take place through the front lobby where entrance checks are being administered.
    - Pool participants will exit through the back doors of the Natatorium,
    - Members utilizing the weight room and gymnasium will exit through employee entrance/exit down the KidZone Hallway.
  - Those with mobility issues or special needs may exit through the Lobby area but we ask you notify one of our staff members.
  - Members must leave directly after their reservation time is done to allow staff to sanitize the area and new participants to get checked and settled in.
- 

## FITNESS ON DEMAND

- Fitness on Demand can be reserved in one-hour blocks throughout the day.
  - Fitness on Demand Studio will open for reservations for no more than two (2) people.
  - Additional Gym Wipes have been added to both rooms and members should wipe down equipment before and after use.
  - Staff will sanitize high touch point areas and equipment after the groups leave.
-

---

## WEIGHT ROOM USAGE

This area is scheduled in 60-minute blocks with no more than 25 members per block.

- Members are asked to only bring essential items with them (keys, water bottle, headphones, sweat towel, etc.).
- To decrease the chance of spread members are required to keep sweat towels on their person and may not be laid on equipment.
- **Personal trainers:**
  - Personal Trainers and their clients must both make reservations to utilize the Weight Room.
  - Personal trainers will be required to wear masks when working with individuals and practice physical distancing by remaining 6 feet from their client.
  - Personal Trainers will be required to wipe down all equipment that is touched by the trainer or their clients after usage.
  - Personal Trainers will be required to wash/sanitize hands after each session and encourage clients to do the same.
- Spotters or buddy/team workouts will not be allowed.
- Additional Gym Wipes and hand sanitizers have been added to both rooms and members are required to wipe down equipment before and after use. Wiping down equipment after usage will be enforced.
- A Weight Room attendant will be present and will clean/sanitize equipment and high touch areas throughout the day.

---

## GYMNASIUM BLOCKS

### **GYM RIGHT PICKLEBALL (LIMIT 12 PLAYERS PER BLOCK)**

- Members may reserve time blocks up to one week in advance.
- Pickleball times have had to be altered so there is no play during Yoga classes.
  - To properly do Yoga you must be allowed to quiet the mind. This allows the physical exercises to prepare the body and mind to expand beyond their limits so that you can experience greater states of awareness as well as deeper feeling of calm and well-being.
- **Fitness Class Music:** Most Fitness Classes will have music playing during the class. We are taking steps to lower the volume of the music but because the gym is large and sounds echo. If the volume level is still an issue, we ask you to choose a time when there are no fitness classes in the gym. Interrupting classes or harassing our instructors will not be tolerated.
- Pickleball play will be limited to two (2) nets and four (4) players per net.
- Members should never share equipment.
- When members are finished using the equipment, they must place all used equipment by the sign that says "Used Equipment" to be sanitized. DO NOT place used equipment back on the racks.
- Gym wipes and hand sanitizers have been placed in gym for members to clean hands and equipment
- Staff will sanitize equipment and high touch point areas after groups leave.

## **GYM LEFT GROUP X CLASSES (LIMITED TO 35 PER CLASS)**

Please be aware that fitness classes are limited depending on which instructors were able to return to teach. Updated land and water class schedules will be available on a monthly basis or as changes are made.

- Members may make reservations up to one week in advance.
- Stars have been placed on the gym floor to 10 foot spacing between participants.
- Gym wipes and Hand sanitizers have been placed throughout the facility for members to clean equipment and hands.
- Members must never share equipment (dumbbells, yoga mats, etc.).
- Members should place all used equipment by the sign that says "Used Equipment" to be sanitized. DO NOT place used equipment back on racks.
- Instructors and a Gym Attendant will be present to will clean/sanitize equipment and high touch point areas after each group leaves.

---

## **NATATORIUM USAGE**

A Natatorium Attendant will be present to will clean/sanitize equipment and high touch point areas throughout the day.

### **LEISURE POOL (LIMITED TO 15 MEMBERS AT A TIME)**

- Leisure pool will be limited to 15 people, but they must follow CDC social distance guidelines and keep six feet apart.
- Pole markers have been placed on the deck to annotate what six feet is.
- Members using the Leisure pool should place their personal belongings in the designated areas. These areas may get congested before and after class so please be patient and practice social distancing while storing or removing your personal items.
- Members must never share equipment (kickboards, belts, etc.).
- Members should place all used equipment by the sign that says "Used Equipment" to be sanitized. DO NOT place used equipment back on racks.

### **LAP POOL (LIMITED TO 8 MEMBERS, 1 PER LANE AT A TIME)**

- The Lap Pool is scheduled for 60-minute blocks of time for Lap Swim (limited to 8 members at a time) and Swim Lessons.
- Lap Lane swimmer's personal equipment brought for swimming should be kept at the end of their lane.

---

## **SAUNA USAGE**

- Members may schedule a 20-minute time block with no more than one (1) member per time block. Regardless if members reside in the same household only one (1) person may utilized the sauna at a time.
- Members will be given a wristband by Recreation Center staff upon check in with the date and time of their reservation and are required to wear the wristband to enter the sauna.
- Access to the sauna will be denied if the member does not have on a wristband or the date and times are incorrect.

---

## LOCKER ROOMS & LOCKERS

### LOCKER ROOMS

- The Locker Room showers (limited number), changing areas and lockers are open to the public.
- Some areas of the Lockers Rooms will be closed to ensure we are complying with CDC social distancing standards.
- All members should remember to practice social distancing while utilizing the changing areas or their lockers.
- Locker Rooms will be cleaned hourly. Deep cleaning of the Locker Rooms will be done from 1 – 1:30 pm daily or as needed. If you see the “Closed” sign on the door, please be patient and do not enter so our custodians can sanitize the area.

### LOCKER RENTALS

LOCKER RENTALS: Members who have lockers rented and have chosen to place their memberships on hold may also put their locker rentals on hold and continue to store their items in their lockers or retrieve their items. Please contact the Front Desk if you would like to place your rental on hold or cancel your locker rental.